

NEW! FREE EVERY WEEK FOR WOMEN

# STYLIST

GLAMOUR

## BEAUTY NOTES

THE LATEST ON LOOKING GOOD FROM  
BEAUTY DIRECTOR EMMA SMITH



### Eyes get 'trashy' treatment

The 'couldn't care less' look has always been a popular one with us Brits. Kate Moss does it so well - her smudgy eye make-up from the night before is seemingly effortless, but is surprisingly tough to pull off well.

To recreate this look, you really need MAC Greasepaint Stick, a thick, black kohl eyeliner that works best when smudged in with the fingers. To get truly smoky eyes, try layering clear lip-gloss over black shadow, or try Rimmel Stay Glossy Lipgloss in black, which is patent black shine that works beautifully across your eyelid. Trust us, it works.

MAC's creative director, Terry Barber, says Pamela Anderson was the poster girl for this sexily dishevelled look. "I once made up her face and she said: 'I love the eyes, but could you please trash it down?'"



BACKSTAGE AT THE DISGUISED SHOW, WHERE THE 'LAST NIGHT'S MAKE-UP' LOOK LOOZED SEX APPEAL AND GLAMOUR



MAC GREASEPAINT STICK, £15

RIMMEL STAY GLOSSY LIPGLOSS, £5.99

### STYLIST PICKS THE BEST... AUTUMNAL NAIL VARNISHES

Nails Inc in Melrose Avenue, £10.50

Inspired by the hit show *The Hills*, this blueberry shade will have your finger tips right on the reds



Dolce & Gabbana Soft Nail Lacquer, £16

A shimmery red that's more ruby slipper than autumn leaves, this is a super-glam shade. Even Scarlett Ingham



OPI La Positively Hot, £9.95

A great punky shade, this flash of Miami-inspired hot pink will be sure to lift your spirit and add edge



### SALON SPY

An anonymous insider reports from the front line of pampering

#### THE SPACE-AGE SPA TREATMENT

As a woman who's scuba dived, rock climbed and ridden a horse (OK, donkey) bareback, I like to think I'm quite daring. Even so, the thought of a hi-tech treatment bed with tentacles that wash, heat and steam you, sent me into a panic. But, no need. The Dibi Nausicca Face & Body Ritual is a seriously indulgent two-hour treatment that detoxes and



purifies. First, I was given a body and face mask before an electric dome covered me in steam (I felt like an extra in *Star Trek*). Next, I was sprayed with essential oils and cleansed, buffed and hydrated. I emerged feeling like I'd been through a car wash - one that smelled of lavender and gave you beautifully soft skin. A bit scary, but with great results.

Dibi Nausicca Face & Body Ritual, £200, Anastasia Achilles Method Spa, Home House, 21 Portman Sq, London W1 (020-2670 2000)